

❑ BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.) – 4 YEAR PROGRAM

(Semester Wise Syllabus with Subject Code)

❑ SEMESTER – I

Subject Code	Subject Name
BPE-101	English & Communication Skills
BPE-102	Foundations of Physical Education
BPE-103	Anatomy & Physiology – I
BPE-104	Health Education & Hygiene
BPE-105	Track & Field – I (Practical)
BPE-106	Yoga Practice – I (Practical)

❑ SEMESTER – II

Subject Code	Subject Name
BPE-201	Environmental Studies
BPE-202	History & Principles of Physical Education
BPE-203	Anatomy & Physiology – II
BPE-204	First Aid & Safety Education
BPE-205	Gymnastics – I (Practical)
BPE-206	Swimming – I (Practical)

SEMESTER – III

Subject Code	Subject Name
BPE-301	Sports Psychology
BPE-302	Sociology of Physical Education
BPE-303	Kinesiology & Biomechanics
BPE-304	Computer Application in Physical Education
BPE-305	Team Games – I (Football/Volleyball)
BPE-306	Yoga Practice – II

SEMESTER – IV

Subject Code	Subject Name
BPE-401	Sports Training
BPE-402	Measurement & Evaluation in Physical Education
BPE-403	Officiating & Coaching
BPE-404	Nutrition & Dietetics
BPE-405	Team Games – II (Basketball/Handball)
BPE-406	Athletics – II

SEMESTER – V

Subject Code	Subject Name
BPE-501	Sports Management
BPE-502	Adapted Physical Education

Subject Code	Subject Name
BPE-503	Sports Medicine
BPE-504	Research Methods in Physical Education
BPE-505	Indigenous Games
BPE-506	Gymnastics – II

SEMESTER – VI

Subject Code	Subject Name
BPE-601	Health Education & Recreation
BPE-602	Sports Technology
BPE-603	Physical Fitness & Wellness
BPE-604	Yoga Education
BPE-605	Swimming – II
BPE-606	Coaching Practice

SEMESTER – VII

Subject Code	Subject Name
BPE-701	Internship / Teaching Practice
BPE-702	Sports Event Management
BPE-703	Advanced Sports Training
BPE-704	Fitness Training & Conditioning
BPE-705	Specialization Game – I
BPE-706	Research Project – I

□ **SEMESTER – VIII**

Subject Code	Subject Name
BPE-801	Internship / Field Work
BPE-802	Sports Law & Ethics
BPE-803	Professional Preparation
BPE-804	Sports Journalism
BPE-805	Specialization Game – II
BPE-806	Research Project – II