

DIPLOMA IN BEAUTY THERAPIST

1 YEAR COURSE – SYLLABUS

Course Objective

To provide students with professional knowledge and practical skills in beauty therapy, skin care, hair care, makeup, nail care, hair removal, spa services, salon operations, hygiene, client handling and entrepreneurship.

Subject-wise Syllabus

Code	Subject	Main Topics
DBT-101	Fundamentals of Beauty Therapy	Introduction to beauty therapy, personal grooming, salon ethics, beauty industry
DBT-102	Anatomy & Physiology	Skin, hair, nails, muscles, basic anatomy, common skin/hair conditions
DBT-103	Skin Care & Facial Therapy	Skin types, cleansing, toning, scrubbing, steaming, massage, facial treatments
DBT-104	Hair Removal Techniques	Threading, waxing, bleaching, eyebrow shaping, upper-lip and chin services
DBT-105	Manicure & Pedicure	Nail care, manicure, pedicure, nail shaping, polish application, basic nail art
DBT-106	Basic & Professional Makeup	Day makeup, party makeup, bridal makeup, corrective makeup, colour theory
DBT-107	Hair Care & Hair Styling	Shampooing, conditioning, blow-dry, basic cutting, styling, hair treatments
DBT-108	Advanced Beauty Treatments	Advanced facials, electrical facial equipment, skin treatment procedures
DBT-109	Spa & Body Therapy	Body massage, spa basics, relaxation techniques, spa products and equipment
DBT-110	Mehndi & Traditional Beauty Services	Basic/bridal mehndi, sari draping and traditional styling
DBT-111	Salon Management & Client Handling	Reception, appointment management, customer service, inventory, billing
DBT-112	Health, Hygiene & First Aid	Sanitation, sterilization, workplace safety, contraindications, basic first aid
DBT-113	Practical Training	Practical work on skin, hair, makeup, nails, waxing, threading and salon services
DBT-114	Employability & Entrepreneurship Skills	Communication, career development, salon business planning and entrepreneurship
DBT-115	Project / Internship	Salon-based practical training, case study and final project

Semester-wise Course Structure

Semester I

DBT-101 Fundamentals of Beauty Therapy
DBT-102 Anatomy & Physiology
DBT-103 Skin Care & Facial Therapy
DBT-104 Hair Removal Techniques
DBT-105 Manicure & Pedicure
DBT-112 Health, Hygiene & First Aid

Semester II

DBT-106 Basic & Professional Makeup
DBT-107 Hair Care & Hair Styling
DBT-108 Advanced Beauty Treatments
DBT-109 Spa & Body Therapy
DBT-110 Mehndi & Traditional Beauty Services
DBT-111 Salon Management & Client Handling
DBT-114 Employability & Entrepreneurship Skills
DBT-115 Project / Internship

Practical Training

DBT-113 Practical Training may be conducted throughout the academic year alongside theory subjects. Students should complete supervised practical work covering skin care, facial services, threading, waxing, manicure, pedicure, makeup, hair styling, spa/body services and salon client handling.

Career Opportunities

Beauty Therapist • Skin Care Therapist • Makeup Artist • Salon Professional • Spa Therapist • Nail Care Professional • Beauty Consultant • Salon Manager • Beauty & Wellness Entrepreneur